

**DR. "JAFER" GULAM-HUSSAIN, N.D. (USA), B.H.M.S. (India)**  
**COMPLEMENTARY & ALTERNATIVE MEDICINE (CAM) / HOLISTIC HEALTHCARE PROVIDER**  
**NATUROPATHY, HOMEOPATHY, AYURVEDA, UNANI & SIDDHA**

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**OBJECTIVE** To contribute my skills in homeopathy, naturopathy, ayurveda, unani, siddha & other forms of holistic medicine in any clinical, academic, or administrative setting. Interest in integrating complementary and alternative medicine with other systems of health care.

**PROFILE** Extensive knowledge, training, experience & success with homeopathy, naturopathy, ayurveda, unani, and siddha medicine, counseling and health psychology, nutrition and diet therapy, orthomolecular medicine, mind/body medicine, and cell salts since 1988. Two doctorate degrees- one in naturopathy, USA & the other in homeopathy, India. For over six years in India, medical director of a clinic & professor at a homeopathic medical school & hospital. Sixth generation healer from India. Passion for holistic medicine stems from personal experience of severe illnesses as a child, & being cured through natural therapies. Focus on addressing the root causes of health problems to rapidly achieve optimum health at all levels- mind, body & spirit through a holistic & integrative approach. Success with customers, patients, students and colleagues through an honest, caring & cooperative nature.

**EDUCATION** 2000-2003 *Bastyr University (www.bastyr.edu)* Kenmore, WA, USA  
***Doctorate of Naturopathic Medicine (N.D.)***

- ND graduate from Bastyr University, a leader in natural health sciences. It is regionally accredited by the Northwest Association of Colleges and Schools and programmatically accredited by the Council for Naturopathic Medical Education (CNME). It offers a full-time four-year residential doctorate in naturopathic medicine.
- In order to gain licensure, Naturopathic Physicians are required to pass 18 US national board exams after graduation.
- Program coursework (over 300 credit hours) in basic medical and clinical sciences specializing in complementary and alternative medicine (CAM), naturopathic principles, philosophy and therapeutics, botanical medicine, nutrition, orthomolecular medicine, counseling, physical medicine, mind-body medicine, cell salts, and ayurvedic medicine.
- Extensive clinical training (over 1000 hours) using all therapeutic modalities, and experience with a diverse range of patients with gastrointestinal, pediatric, endocrine, dermatology, genitourinary, allergic, musculoskeletal diseases and more.
- In clinical training obtained subjective (case intake), objective (physical exams, labs) information; assessed, and managed both insurance and non-insurance patients.
- Researched and presented papers on homeopathy, nutrition and botanical medicine.

1988-1994 *Father Muller's Homeopathic Medical College & Hospital*, Mangalore, Karnataka, India  
***Bachelor of Homeopathic Medicine & Surgery (B.H.M.S.)***

- Full-time doctorate-level degree at Father Muller's, a well-reputed college for homeopathic medicine, accredited by the Central Council of Homeopathy, Delhi, India, which offers a fulltime residential program in homeopathic medicine (in English) followed by a one-year rotational all-department (including conventional medicine) residency.
- Course work included basic medical and clinical sciences specializing in homeopathic medicine, homeopathic pharmacy, *materia medica*, philosophy, repertory, therapeutics, and extensive clinical training.
- Honored as Valedictorian Speaker by both student and faculty selection.

**CLINICAL EXPERIENCE Homeopathic And Naturopathic Doctor with a specialty in Ayurveda, Unani & Siddha.**

Tilo Medical Acupuncture, Beverly Hills, CA, USA. 2005- present  
Core Wellness Center, Santa Monica, CA, USA. 2005- present  
Creative Life Change Institute, Corte Madera, CA, USA. 2004- present  
The Reference Point, Fremont, CA, USA. 2004- present  
Cypress Naturopathic Medicine, Palo Alto, CA, USA. 2004

**Homeopathic Physician with a specialty in Naturopathy, Ayurveda, Unani & Siddha.**

*Al-Shifa Homeopathic Clinic, Madurai, Tamilnadu, India. 1994- 2000*

- Treated a variety of cases including: allergic, cardiovascular, pulmonary, gastrointestinal, metabolic, endocrine, musculoskeletal, neurological, genitourinary, gynecologic, pediatric, geriatric, otolaryngological, ophthalmologic, dermatologic and psychiatric diseases.
- Utilized homeopathy, naturopathy, nutrition, counseling, supplements, cell salts, ayurveda, unani and siddha modalities.
- Established a collaborative relationship with leading practitioners over a seven-year period increasing personal exposure to a variety of cases and situations.
- Provided free medical services to underserved communities on a monthly basis.
- Started a new practice with rapid growth and expansion. Hired and supervised three physicians.
- Worked in three separate clinics per day, and through supervisory arrangements was able to see up to 50 patients per day.

**Staff Physician**

*Homeopathic Clinic, India, General Practice, two years.*

*Prarthana Homeopathic Clinic, India, General Practice, two years.*

*J.K. Homeopathic Clinic, India, General Practice, two years.*

*Sri Ramana Clinic, India, Pediatric Practice, five years.*

*Poun Clinic, India, General Practice, two years.*

- Increased community medical awareness by creating/distributing informational and educational handouts; through radio interviews, and by giving talks at local clubs, schools, and other organizations.
- Trained and managed staff in a way that resulted in efficient work and high morale. Created a training manual and established procedures that provided a friendly milieu and excellent service to patients.

TEACHING AND  
EDUCATIONAL  
ADMINISTRATION  
EXPERIENCE

**Teaching Assistant, 2000-2003**  
*Bastyr University, Kenmore, WA, USA*

- Taught and made presentations in homeopathy, counseling and health psychology.

**Professor, 1994 - 2000**

*Vinayaka Mission's Homeopathic Medical College and Hospital, Salem, Tamilnadu, India*

- Taught the following homeopathic subjects: pharmacy, *materia medica*, philosophy, repertory, and therapeutics. Led discussions on classical and non-classical homeopathy with miasmatic, constitutional, chronic and acute cases.
- Taught the use of the homeopathic software *Radarr* using the 'Vithoulkas Expert System.'
- Through a lively teaching style and by using clear examples, taught homeopathy in a highly comprehensible and complete manner in both academic and clinical settings.

**Chair/Associate Chief Physician, 1994 - 2000, rotating position**

*Vinayaka Mission's Homeopathic Medical College and Hospital, Salem, Tamilnadu, India*

- Experience in representing the institution and increasing the public's awareness of the college's mission through community education, mass media, and professional seminars.
- Managed the homeopathic department of the college/hospital & supervised 11 doctors.
- Developed schedules, delegated assignments and improved the curriculum.
- Coached employees to ensure their performance met or exceeded standards.
- Conducted and actively participated in monthly clinical meetings.

PROFESSIONAL  
ACTIVITIES

- Attended seminars and conferences in the US, including the American Association of Naturopathic Physicians conference, 2003
- Bastyr rep. of Homeopathic Association of Naturopathic Physicians (HANP), 2002-2003
- Member of Washington State Homeopaths in Community(WASHIC) WA,2000-present.
- Member of Unani Medicine Group of Bastyr University, Kenmore, WA, 2000-2003.
- Presented seminars and clinical research projects on the following (1994-2000):
  - Topics including endocrinology, gastroenterology, respiratory, pediatrics and others.
  - Remedies including Phosphorous, Silicea, *Lycopodium clavatum*, *Arsenicum album*, *Pulsatilla nigricans*, *Lachesis*, *Kalium carbonicum*, *Sepia*, *Platina* and others.
  - Miasmatic, constitutional, chronic, acute case taking, repertorization, *similimum*, prescription, posology, and management.
  - Researched results of homeopathic remedies for cardiovascular disease.
- Executive Committee member of Qualified Homeopaths Organization of Madurai (QHOM) in Madurai, Tamilnadu, India, 1994-2000.

HONORS AND  
AWARDS

- Profile in the leading local Tamil newspaper *Dinakaran*—Health section, March, 1999.
- *Great Homeopathic Doctor* title and award from the Tamilnadu Youth Association, December, 1998.

INTERESTS AND  
COMMUNITY  
ACTIVITIES

- Creative Indian Dance teacher at Bastyr University, Kenmore, WA, USA, 2000-2003.
- Director of Creative Indian Dance Association (CIDA), 1993-present.
- Professional Creative Indian dancer, choreographer, actor & model. Dancer, actor & model since 1975, choreographer since 1986. Increasing understanding of different dance styles and developing dance techniques to improve and maintain health.

LANGUAGES

Fluency in English, Hindi, Urdu, Tamil, and Memoni (Indian languages).